

C.I.T. Program

Viking Sports Camps will be offering a Counselor In Training program during the summer of 2012. An extension of Viking Sports Camps, the C.I.T. program aims to give future coaches an opportunity to experience the many intricacies of becoming a sport leader. C.I.T.'s may choose to be in our Brookline or one of our suburb sites (C.I.T.'s must provide their own transportation). Applicants will be selected based on their application, interview, and references.

While in the C.I.T. program, participants will be paired with seasoned Viking coaches, and will be assigned to a group of campers. Under the supervision of Viking staff, C.I.T.'s will learn, practice, and independently demonstrate many skills required of the youth sport coach. C.I.T.'s will be taken through a cumulative coach and leadership education curriculum specifically tailored for high school students. Following Monday training sessions, C.I.T.'s will receive rubrics outlining specific goals and objectives for the week. Viking coaches, the Camp Director, and the C.I.T. Coordinator will evaluate the C.I.T.s' performance using the weekly rubrics as evaluation tools. Friday meetings will be held to "debrief" the C.I.T.'s on their weekly goals and objectives.

Please note that a position as a Viking C.I.T. is NOT a guarantee for future employment.

The Viking C.I.T. curriculum has four goals:

- € Participants will develop a personal coaching philosophy and a list of personal coaching objectives. Participants will learn about various coaching "styles" and will begin to hone a style that fits their goals and objectives.
- € Participants will learn about and practice principles of teaching and coaching.
- € Participants will learn about and practice areas of sport leadership, including (but not limited to): conflict resolution, giving and receiving feedback, motivation, and communication.
- € Participants will learn about the importance of character education and its beneficial role in youth sport. Participants will review and practice ways to implement character education into everyday coaching interactions with youth sport participants.

Program details.

Age: Applicants must be aged 13-16.

Fee: The fee for the program is \$300/6 weeks.

Cancellation Policy

Refunds will not be issued unless a medical condition prohibits an applicant's ability to participate in the program (MD note required). Medical refunds will be issued in full, minus a \$35 processing fee.

Deadline

Positions will be filled on a first-come, first-serve basis. Please inquire (info@vikingcamps.net) to see if positions are open.

Time Commitment

C.I.T.'s are asked to make a 6 week commitment to the program (may be a combination of weeks, i.e. 3 weeks in July, 3 weeks in August) and are required to remain at camp from 8:30am-3:30pm. C.I.T.'s will have weekly meetings (typically on Monday and Friday) from 3:30pm-4:30pm. C.I.T.'s will have occasional take-home assignments.

General Participant Requirements

Dress Code: All Viking Sports Camp staff members are required to wear: a Viking Sports Camp t-shirt, athletic shorts, sneakers, a whistle, and watch. C.I.T.'s will be given two Viking Sports Camp t-shirts at the start of camp. Sweatshirts/light jackets may be worn on rainy or cold days.

Snack/Lunch: There is no “downtime” during the camp day. The day begins at 8:30am and ends at 3:30pm for coaches and C.I.T.'s. There is a snack and lunch period during the day, during which coaches and C.I.T.'s must remain with the campers.

Daily Tasks: While C.I.T.'s are assistants to the coaches, they hold the same authority in the eyes of the camper and must create a relationship with the children accordingly. In addition to helping and guiding campers throughout games with tips on game-play and strategy, there are other duties that a C.I.T. must perform to show commitment to the program.

These duties will include, but are not limited to:

1. Setup and breakdown of goals each day
2. Escorting campers on bathroom breaks
3. Setup of playing fields as needed
4. Assisting in the game or sport as a referee.

Extended Opportunities

There are many ways for a C.I.T. to progress quickly through the program. If a C.I.T. shows that he or she can handle the responsibilities of being a coach and expresses an interest in doing more, they may be offered opportunities to show their commitment to the program. C.I.T.'s are highly encouraged to show that they are ready and able to handle the responsibilities of a coach and should not await these opportunities but express their desire to take on these new challenges.

C.I.T. Application for an interview (to be completed by C.I.T)

Last Name:	First Name:	Middle Initial:	Today's Date:
Address:			
Permanent Address (if applicable):			
Phone (H):	Phone (C):	Email:	
Grade:		School:	
Are you certified in CPR? Yes No	Are you certified in First Aid? ? Yes No	Date of birth: ____/____/____	
I would like to be a Viking Sports Camps C.I.T. because:			
The best memory I have from playing sports is:			
Three goals I would set for myself as a C.I.T. are:			
1. _____			

2. _____			

3. _____			

I have been to (check all that apply):			
recreational day camps		overnight ("sleep away") camps	
sports camps		sports clinics	
My three favorite sports are: 1. _____ 2. _____ 3. _____			
If I had to describe myself in four words, they would be: _____, _____,			
_____, and _____.			
Is there anything else you would like us to know?			

Please list three non-family references:

1. Name:

Phone Number:

Relationship:

2. Name:

Phone Number:

Relationship:

3. Name:

Phone Number:

Relationship:

I am available to be a C.I.T. the following weeks this summer:

The C.I.T. program is \$300/6 weeks. Acceptance to the C.I.T. program is contingent on the application, reference reviews, and interview. Participation in the C.I.T. program is not a guarantee for future employment.

Viking Sports Camps

258 Harvard Street, #365

Brookline, MA 02446

www.vikingcamps.net • info@vikingcamps.net

C.I.T. Application for the program (to be completed by parent/s)

C.I.T.'s Last Name:			C.I.T.'s First Name:			
Date Of Birth:	Age:	Sex:	Grade (as of Fall, '08):	School:		
Parent (s)/Guardian(s) Name (s):						
Full Mailing Address:						
Telephone (H):		Telephone (W):		Telephone (Cell):		
Email (please write CLEARLY-confirmations are sent via email):						
Person To Notify In Emergency:				Emergency Telephone:		
C.I.T.'s Health Insurance Company:				Policy #:		
Name Of C.I.T.'s Doctor:				Doctor's Telephone:		
C.I.T.'S MEDICAL CONCERNS AND/OR ALLERGIES (IF "NONE," PLEASE WRITE "NONE"):						
Will your child bring an epipen, inhaler or other meds to camp (if No, write No; if yes, explain and contact us for additional forms):						
WAIVER / INDEMNIFICATION						
<p>Parent(s) or legal guardian must sign below before player is accepted to participate in the Viking Camps:</p> <p>As parent/legal guardian of the child named herein, I hereby represent that the child has been examined by a pediatrician and is physically fit to participate in the Viking Sports Camps. I understand there are inherent risks in participating in this athletic program. I hereby accept responsibility for and agree to pay any and all costs of medical treatment resulting from any injury suffered by my child as a result of his/her participation at the Viking Sports Camps. I further agree to indemnify and hold harmless Viking Soccer Camp, Inc., its agents, servants, employees and/or representatives from any and all liability, damage, cost or expense arising out of my child's participation, of every kind and nature, at Viking Sports Camps.</p> <p>In the event that I cannot be reached in an emergency, I hereby give permission for care to be administered by a qualified Viking Soccer Camp, Inc. staff member, emergency medical technician, physician/staff of a hospital, or any other qualified individual to provide any medical treatment deemed necessary for my child.</p>						
Signature of parent(s) or legal guardian:				Date:		
Please check (√) or circle the weeks for which you are applying:						
<p style="margin-left: 40px;">Week 2. June 28-2</p> <p style="margin-left: 40px;">Week 3. July 6-9 no camp 7/5</p> <p style="margin-left: 40px;">Week 4. July 12-16</p> <p style="margin-left: 40px;">Week 5. July 19-23</p> <p style="margin-left: 40px;">Week 6. July 26-July 30</p> <p style="margin-left: 40px;">Week 7. August 2-6</p> <p style="margin-left: 40px;">Week 8. August 9-13</p> <p style="margin-left: 40px;">Week 9. August 16-20</p> <p style="margin-left: 40px;">Week 10. August 23-27</p> <p style="margin-left: 40px;">Week 11. August 30- Sept 3</p>						
OFFICE USE ONLY						
Weeks:		PHY	HC	EDO	PF	
TD	ND	C#	IMM	HCF	EXD	
					(N)	

2012 Viking Summer Camps In Brookline

C.I.T Application Checklist

All materials **MUST** be sent in **TOGETHER**

(incomplete applications will be returned to sender)

1. Completed application
2. Current (within past 12 months) physical exam record
3. Additional medical forms if child will be bringing an inhaler, epi-pen, or other medications to camp (forms available on www.vikingcamps.net)
4. Immunization record
5. Full payment (\$300)

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6. Send application materials to:

Viking Sports Camps
258 Harvard Street, #365
Brookline, MA 02446